kitchen menu

vailable 8am-3pm everyday

overnight oats-6

berry vanilla or banana chocolate

housemade granola and yogurt- 10

topped with seasonal fruits

avocado smash-15

on sourdough or gluten free bread, with lemon and paprika toated seeds add egg $\,+\,2$

labneh & lox toast - 15

scallion cream cheese, lox, capers and fresh herbs on sourdough or gluten free bread

almond butter & banana toast - 15

almond butter, banana, black sesame crunch, drizzled with local honey on sourdough or gluten free bread

croissant sandwich-13

aged cheddar, choice of sausage or avocado and scrambled eggs on a house-baked croissant

power wrap- 18

choice of sausage or marinated tofu, scrambled eggs, home fries, avocado, cheddar, salsa roja

chickpea crunch wrap- 16/17

local apples, celery, tart cherry, pecans, chickpeas, shredded kale with with tahini xressing in a wrap. can also be served as a salad.

add egg +2 add avocado +4 add chicken +6 add tofu +5

grilled cheese and tomato soup- 19

gruyere and aged cheddar on sourdough or gluten free bread, served with a cup of tomato soup just grilled cheese - 15 just soup - 8

